**FIRST DRAFT – PLEASE RETURN!**

The Vase of Essential Nectar–

*A Longevity Practice of the Maters of Awareness,*

*from the Longchen Nyingtik*

HRIH% TSE WANG RIG DZIN PAD MA JUNG% NANG SRID ZIL NON T’HUG KA RU%

HRIH$ I am the master of awareness with power over longevity,$ Padmasambhava, Splendorous Subduer of Apparent Existence.$

CHOM DAN GON PO TSE PAG MED% MAR SAL LONG KU YUM DANG JOR%

In my heart center is Lord Amitayus,$ a brilliant red sambhogakaya form in union with his consort,$

PAD MA RA GAI BUM PA DZIN% T’HUG KAR NYI DAI GAUI NANG%

holding a lotus vase made of ruby.$ In his heart center, within an amulet of the sun and moon,$

SROG GI NYING PO YI GE HRIH% T’HA MAR NGAG KYI T’HRENG WAI KOR%

stands the HRIH syllable–the life force essence.$ Surrounding it circles the mantra garland.$

OD ZER T’HRÖ PAY TAN YOI CHUD% GYAL WA RIG DZIN DRANG SRONG GI%

Light radiates from that,$ gathering in the vital essence of the animate and inanimate universe,$

TSE CHUD DHÜ LA CHUD DU DRIL% BA BUI BU GA TSUN CHHOD KYANG%

and the essence of the longevity of all buddhas, masters of awareness and sages.$ It all blends into one vital elixir,$

TSE PAG MED PAY T’HEM GYIY GANG% KUN KYANG BUNG WA TSANG ZHIG TAR%

filling even to the pores of my body with forms of Amitayus$ that reverberate softly, like a swarm of bees,$

HRIH DRA JAM LA NYAN PAR DROG% CHI MED RIG DZIN DRUB PAR GYUR%

with the pleasing sound of HRIH.$ The accomplishment of the state of a deathless master of awareness is ensured.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

*Summoning Longevity*

OM% RANG NANG ZANG DOG PAL GYI RI% NGA DAN RANG JUNG P’HO DRANG NAY%

OM$ From the naturally arising celestial palace of five excellences,$ in the naturally appearing Copper-colored Mountain of Glory,$

CHOM DAN GON PO TSE PAG MED% JA LÜ RIG DZIN TSOG DANG CHAY%

Victorious Protector, Amitayus,$ together with hosts of masters of awareness who have attained rainbow body,$

T’HUG DAM KUL LO YING NAY ZHENG% CHHI MED NAM KHAI CHUD DHÜ LA%

arise from basic space and fulfill your sacred bond!$ Gather the elixir of deathless space,$

NAM SHEY KHAM NAY YAR WAI TSE% YING KHYUG RIG PAI LONG DU KYIL%

and when consciousness becomes scattered from the constituents,$ enclose it within the expanse of awareness, which is Dhatisvari.$

GYUR MED SROG GI KA WA TSUG% TSE DA DI LA TSAD CHIG TON%

Plant firmly the pillar of an unchanging life force.$ Indicate a sign by lengthening this longevity arrow.

DRUB DZAY CHHI MED DUD TZIR GYUR% KYE CHHI MED PAI NGÖ DRUB TZOL%

Transform the practice substances into a nectar of immortality.$ Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

HUNG% SHAR NAY RIG DZIN HUNG KAR RA% YANG DAG T’HUG KYI LONG NAY ZHENG%

HUNG$ From the east, master of awarerness Hungkara,$ arise from the expanse of Vishuddha, enlightened mind!$

JUNG WA CHHU YI CHUD DHÜ LA% T’HRAG GI KHAM NAY YAR WAI TSE%

Gather the elixir of the water element,$ and when blood flows away from the constituents,$

MA MA KI YI LONG DU KYIL% GYUR MED SROG GI KA WA TSUG%

enclose it within the expanse of Mamaki.$ Plant firmly the pillar of an unchanging life force.$

TSE DA DI LA TSAD CHIG TON% DRUB DZAY CHHI MED DUD TZIR GYUR%

Indicate a sign by lengthening this longevity arrow.$ Transform our practice substances into a nectar of immortality.$

KYE CHHI MED PAI NGÖ DRUB TZOL%

Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

TRAM% LHO NAY RIG DZIN MAN JU SHRI% JAM PAL KU YI LONG NAY ZHENG%

TRAM$ From the south, master of awareness Manjushrimitra,$ arise from the expanse of Manjushri, enlightened form!$

JUNG WA SA YI CHUD DHÜ LA% SHA YI KHAM NAY YAR WAI TSE%

Gather the elixir of the earth element,$ and when flesh separates from the constituents,$

SANG GYAY KYAN MAI LONG DU KYIL% GYUR MED SROG GI KA WA TSUG%

enclose it within the expanse of Buddha-Lochana.$ Plant firmly the pillar of an unchanging life force.$

TSE DA DI LA TSAD CHIG TON% DRUB DZAY CHHI MED DUD TZIR GYUR%

Indicate a sign by lengthening this longevity arrow.$ Transform our practice substances into a nectar of immortality.$

KYE CHHI MED PAI NGÖ DRUB TZOL%

Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

HRIH% NUB NAY RIG DZIN NA GAR DZU% PAD MA SUNG GI LONG NAY ZHENG%

HRIH$ From the west, master of awareness Nagarjuna,$ arise from the expanse of Padma Heruka, enlightened speech!$

JUNG WA ME YI CHUD DHÜ LA% DROD KYI KHAM NAY YAR WAI TSE%

Gather the elixir of the fire element,$ and when heat leaves the constituents,$

GÖ KAR MO YI LONG DU KYIL% GYUR MED SROG GI KA WA TSUG%

Enclose it within the expanse of Pandara-Vasini.$ Plant firmly the pillar of an unchanging life force.$

TSE DA DI LA TSAD CHIG TON% DRUB DZAY CHHI MED DUD TZIR GYUR%

Indicate a sign by lengthening this longevity arrow.$ Transform our practice substances into a nectar of immortality.$

KYE CHHI MED PAI NGÖ DRUB TZOL%

Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

AH% JANG NAY RIG DZIN PRA BHA HA% T’HRIN LAY P’HUR WAI LONG NAY ZHENG%

AH$ From the north, master of awareness Prabhahasti,$ arise from the expanse of Purba, enlightened activity!$

JUNG WA LUNG GI CHUD DHÜ LA% WUG KYI KHAM NAY YAR WAI TSE%

Gather the elixir of the air element,$ and when breath scatters from the constituents,$

DAM TSIG DROL MAI LONG DU KYIL% GYUR MED SROG GI KA WA TSUG%

enclose it within the expanse of Samaya Tara.$ Plant firmly the pillar of an unchanging life force.$

TSE DA DI LA TSAD CHIG TON% DRUB DZAY CHHI MED DUD TZIR GYUR%

Indicate a sign by lengthening this longevity arrow.$ Transform our practice substances into a nectar of immortality.$

KYE CHHI MED PAI NGÖ DRUB TZOL%

Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

DZAH% SHAR LHO RIG DZIN DHA NA SAM% BOD TONG ZIL NON TUL ZHUG KYED%

DZAH$ Master of awareness Dhanasanskrita from the southeast,$ arouse the transcendent activity that incites and dispatches, in order to overwhelm$

LONG GYUR YE SHEY CHAG KYU YIY% KHYAM DANG YAR WAI LA TSE KHUG%

with your hook of timeless awareness that has reached its fullest extent.$ Draw in our vagrant spirit and missing vitality.$

GYUR MED SROG GI KA WA TSUG% TSE DA DI LA TSAD CHIG TON%

Plant firmly the pillar of unchanging life force.$ Indicate a sign by lengthening this longevity arrow.$

DRUB DZAY CHHI MED DUD TZIR GYUR% KYE CHHI MED PAI NGÖ DRUB TZOL%

Transform our practice substances into a nectar of immortality.$ Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

HUNG% LHO NUB RIG DZIN BI MA LA% TSE LA WANG WAI TUL ZHUG KYED%

HUNG$ Master of awareness Vimalamitra from the southwest,$ arouse the transcendent activity of gaining power over longevity$

DA KA YE SHEY ZHAG PA YIY% T’HOR WA KHUG LA ZAD PA SRING%

with your lasso of timeless awareness that is difficult to evade.$ Capture all that has scattered and extend what has diminished.$

GYUR MED SROG GI KA WA TSUG% TSE DA DI LA TSAD CHIG TON%

Plant firmly the pillar of an unchanging life force.$ Indicate a sign by lengthening this longevity arrow.$

DRUB DZAY CHHI MED DUD TZIR GYUR% KYE CHHI MED PAI NGÖ DRUB TZOL%

Transform our practice substances into a nectar of immortality.$ Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

BAM% NUB JANG RIG DZIN ROM BU GU% DREG PA ZIL NON TUL ZHUG KYED%

BAM$ Master of awareness Rombu Guhya from the northwest,$ arouse transcendent activity in order to overwhelm the arrogant ones$

YING DROL YE SHEY CHAG DROG GIY% LHA DREY KÜ PAI LA TSE SROG%

with your shackles of timeless awareness that liberates within basic space.$ Hold our spirit, life force and longevity that has been stolen by gods and demons.$

GYUR MED SROG GI KA WA TSUG% TSE DA DI LA TSAD CHIG TON%

Plant firmly the pillar of an unchanging life force.$ Indicate a sign by lengthening this longevity arrow.$

DRUB DZAY CHHI MED DUD TZIR GYUR% KYE CHHI MED PAI NGÖ DRUB TZOL%

Transform our practice substances into a nectar of immortality.$ Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

HOH% JANG SHAR RIG DZIN SHAN TING GHAR% NGON KYOD MOD PAI TUL ZHUG KYED%

HOH$ Master of awareness Shantingarbha from the northeast,$ arouse the transcendent activity of wrathful intervention through hurling imprecations$

T’HA DROL YE SHEY DRIL BU YIY% JAD DU CHUG PAI LA TSE DHÜ%

with your bell of timeless awareness that liberates from extremes.$ Gather the spirit and longevity that has become diabolically possessed.$

GYUR MED SROG GI KA WA TSUG% TSE DA DI LA TSAD CHIG TON%

Plant firmly the pillar of an unchanging life force.$ Indicate a sign by lengthening this longevity arrow.$

DRUB DZAY CHHI MED DUD TZIR GYUR% KYE CHHI MED PAI NGÖ DRUB TZOL%

Transform our practice substances into a nectar of immortality.$ Bestow the spiritual accomplishment that is beyond birth and death.$

**OM AH HUNG VAJRA MAHA GURU AYU JNANA MAHA PUNYE TSE BHRUM NRI DZAH SARWA SIDDHI HUNG%**

*In conclusion,*

AH% JUNG NGAI YING SU KHYAM PAI TSE% YUM NGAI LONG DU GYAY TAB PAY%

AH$ Our life force that wanders within the basic space of the five elements$ is secured within the expanse of the five mothers,$

YE SHEY NGA LA KYE CHHI MED% KU NGAI YING SU TSE BAY PA%

where the five aspects of timeless awareness are unborn and undying.$ Our life force is concealed within the basic space of the five kayas,$

RIG NGAI GYAL WAY KYANG MI ZIG%

unseen by even the buddhas of the five families.$

**DHARMA DHATU VAJRA RAKSHA%**