

The Spiraling of a Flourishing Life – A Long Life Prayer for Tromge Jigme Rinpoche

EMAHO CHHOG-SUM GYAL-WA GYA-TSO ZHAB-LA DUD RIG-SUM GON-DANG KHYED-PAR
JAM-PAL YANG

Ah, how wondrous! I bow to the Three Jewels and at the feet of oceans of victorious ones. May the three protectors, especially Manjushri,

TSE-LHA NAM-SUM DAM-CHAN SRUNG-MAI TSOG DOR-JE T'HRI-LA WANG-JIN NÚ-TOB PHOB
the three deities of long life, and the hosts of oath-bound guardians, bestow on your vajra throne their empowerments, blessings, energy and strength.

DÚ-SUM GYAL-WAY DUNG-DZIN DAM-PA GANG TAN-DROI GON-CHIG DAM-PA JIG-MED PAL
Among the holy successors to the victorious ones of the three times, you are the holy one who protects the doctrine and beings with a fearless resplendence,

DÚ-SUM GYAL-WAI SANG-SUM NGAG-WANG NOR MI-JIG DOR-JE T'HRI-LA ZHAB-TAN SOL
a jewel-like lord of speech epitomizing the three secrets of those victorious ones of the three times. May you live long upon your indestructible vajra throne.

ZHI-DANG T'HRO-GAR MA-LÚ YONG-DZOG KYI DREL-TSAD DON-DAN GE-LEG SA-SUM TZOL
May all those connected to you – the one whose peaceful and wrathful displays, without exception, are completely perfected – find fulfillment that will ensure virtue and happiness throughout the three worlds.

JI-SRID KAL-GYAI BAR-DU ZHAB-TAN CHING T'HRIN-LAY NAM-ZHIY KHOR-WA DONG-DRUG
SHOG

May your life be long for hundreds of eons as you stir the pit of cyclic existence from its depths with the four kinds of enlightened activities.

MA-LÚ GYAL-WAI KYIL-KHOR TSO-ZHEY SOL DAG-GI MON-PAI DRAY-ZANG JO-GYUR CHIG
May the mandalas of all the victorious ones, without exception, flourish, and may the wholesome fruits of my aspirations bring forth complete satisfaction.

This was written by Tertön Kun-jong Lingpa, in response to a request by Mani Rinpoche. May it be achieved! Sarwa Mangalam!

(provisional translation by Lama Padma Gyatso)