

T'hroma Schedule

What	Fri 12th	Sat 13th	Sun 14th
Whole daily puja	6:15 – 7:30 am	6:15 – 7:30 am	6:15 – 7:30 am
Breakfast	7:30 – 8:00 am	7:30 – 8:00 am	7:30 – 8:00 am
Meal prep	8:00 am	8:00 am	8:00 am
Tsog prep	8:00 am	8:00 am	8:00 am
T'hroma Puja, with break	9:30 – 12:30 pm	9:00 – 12:30 pm	9:00 – 12:00 pm
Lunch	12:30 – 1:15 pm	12:30 – 1:15 pm	12:00 – 12:45 pm
Tsog prep	1:15 pm if needed	1:15 pm if needed	12:45 pm if needed
T'hroma Puja with Tsog, with break	2:30 – 7:00 ish pm	2:30 – 7:00 ish pm	2:00 – 5:30 pm
Soup available	After puja	After puja	